Kindy Bread Recipe 6 CUPS warm water 4 Tablespoons sugar 2 1/2 Tablespoons yeast Stir together. Let sit in warm place for 10 minutes. Stir in: 10 - 12 CUPS flour (white, white/wheat mixed or wheat) 1 1/2 Tablespoons salt KNEAD Let rise in warm place for 1 hour. Knead again. Shape and Bake @ 350 for 1/2 hour.